



# FOREST HEALTH AND INVASIVE PLANTS

Fairfax County Park Authority

Erin Stockschlaeder Ecologists/ IMA Coordinator (703)324-8681

Erin.Stockschlaeder@fairfaxcounty.gov

#### Brief History of Fairfax County Forests

- Pre 1492 Hunting grounds(?)
- Mid 1600s settlement and tobacco
- Mid 1700s wheat
- Mid 1800s timber, Cabell's Mill
- 1860's Civil War
- 1870 1950 Dairy
- 1972 71% canopy cover
- 2007 41% canopy cover



### Energy flow in healthy forest

To

• SUN

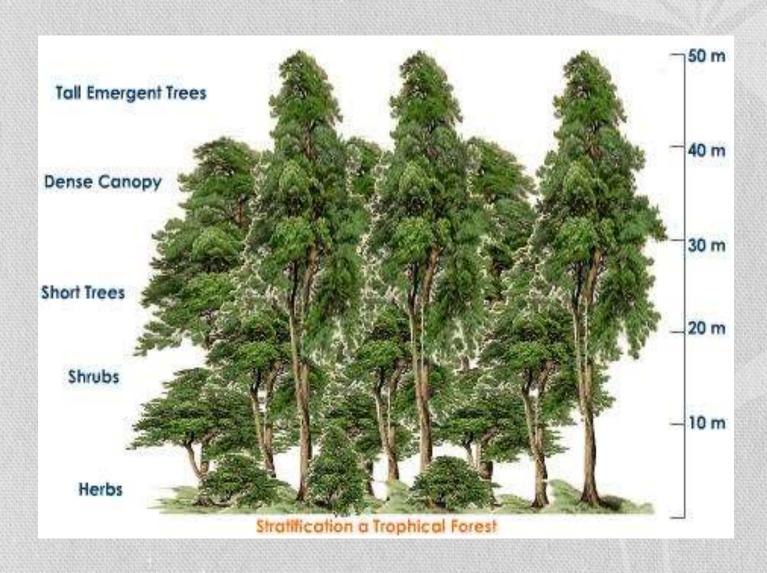
To

- Plants
- (photosynthesis)

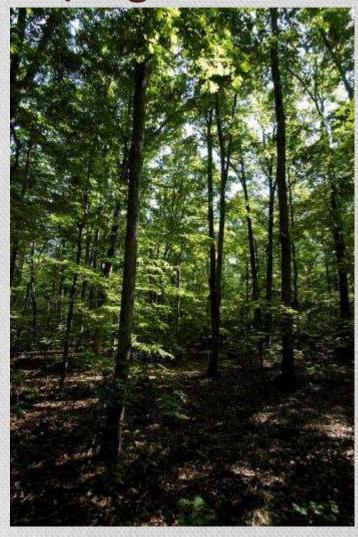
Cycle

Animals

#### Vertical Forest Structure



# Keeping our forests healthy

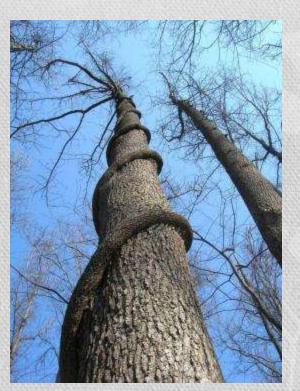




#### Threats to forests

- Deer
- Invasive Plants
- Invasive pests







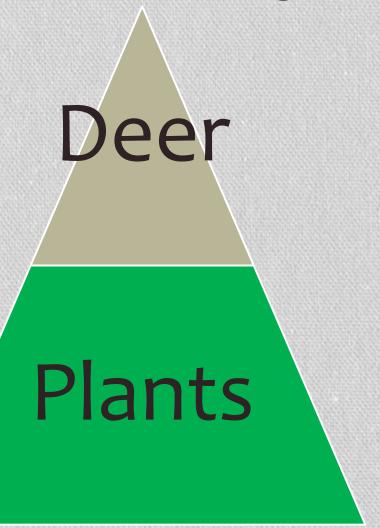
## Historical Regulation

Wolves

Deer

**Plants** 

### Missing apex predator



- Deer population is now controlled by starvation.
- Deer consume all available energy on forest floor and lower shrub layer.
- As death and growth remove plants from the shrub layer, it disappears without recruitment from the forest floor

#### Excessive Deer = Disturbance = Invasives

Deer preferentially feed upon native plant regeneration creating ideal conditions for invasive plant establishment



# High diversity



# Low diversity

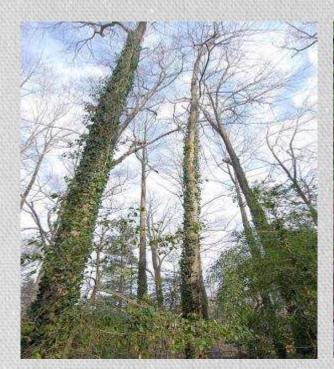




An invasive species is, generally, a non-native species that causes ecological or economic harm.

#### **Invasive Plants**

- Historically not grown naturally in Fairfax County
- Out compete native species
- Form monocultures which decreases biodiversity
- Thrive in disturbed habitats





## Why are "invasives" so bad?

- Loss of biodiversity
- Widespread habitat alteration
- Impact ecosystem services
- Affect industry and recreation
- Obvious impact on the parks
  - Tree death
  - Habitat alteration
  - Loss of species

#### Where do they come from?

- Other countries- many from Asia
- Other parts of the United States
- Gardens
- Yards







How do they spread?

- People
- Animals
- Wind
- Water
- Cars
- Gardens
- Packing material













#### Characteristics of invasive plants

- Produce a ton of seeds
- Grow very quickly
- Start growing early in the spring and continue late in the fall- many grow all year!

Wildlife does not eat usually eat them or they are not as nutritious

as native plants.

Change the soil chemistry





## So what's the big deal?

There is strong evidence implicating invasive species in the reduction in biodiversity



## Monoculture





**Abundance** 



**Edges** 



# **Disturbance**

## Impact on Local Forests

Mt. Vernon District

**Groveton Heights** 



### Native plants

- Historically have been growing in Fairfax County
- Are used to competing with other native species
- Enhance biodiversity
- Provide habitat for wildlife





#### Benefits of Native Plants

- Native plants preserve our ecosystem
- Going natural can mean LESS WORK FOR YOU
  - Native plants are adapted for local conditions, requiring less water, pesticide, and fertilizer
  - Native landscapes can be beautiful and low-maintenance (especially grasses and wildflowers)
  - There are lots of options for native trees, shrubs, and flowers depending on the site conditions
- Native Plant Resources:
  - Fairfax County and Green Spring Garden Master Gardener Programs
  - Virginia Native Plant Society





#### How to help

- Plant native alternatives
- Wash your shoes before going into a park and again before you leave
- Volunteer!
- Stay on trails





#### How to restore the habitat

- Removing vines from trees
- Clearing out invasives by hand
- Replanting





## Other Learning Resources

- Parktakes Online
  - Nature programs for kids and grown-ups
  - http://www.fairfaxcounty.gov/ parks/parktakes/
- Doug Tallamy

http://www.bringingnaturehome.n

- http://www.invasive.org
- http://www.vaplantatlas.org/
- https://www.eddmaps.org/ midatlantic/

